



Chinese New Year Long Life Stir Fry

1 box Annie Chun's Chow Mein Noodles
with Garlic Black Bean Sauce (cook
noodles as directed on package and
set aside)
6-8 oz. beef, sliced into thin strips
1-2 tablespoons vegetable oil
2 oz. shiitake mushrooms, sliced

1 cup bok choy, sliced
1/2 cup red onion, thinly sliced
1/2 cup red or yellow bell peppers, sliced
1/2 cup bean sprouts, washed and dried
1/4 cup scallions, chopped
1/4 cup cilantro, chopped

Heat stir fry pan over medium heat. Add beef and cook for 3-5 minutes until cooked through. Keep pan hot and stir in vegetables. Cook until vegetables are tender and crisp. Add noodles and mix well. Add sauce and toss lightly. Garnish with bean sprouts, scallions and cilantro. Serves 2.

Enjoy responsibly. © 2007 Monarch Import Company, Chicago, IL 60603

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